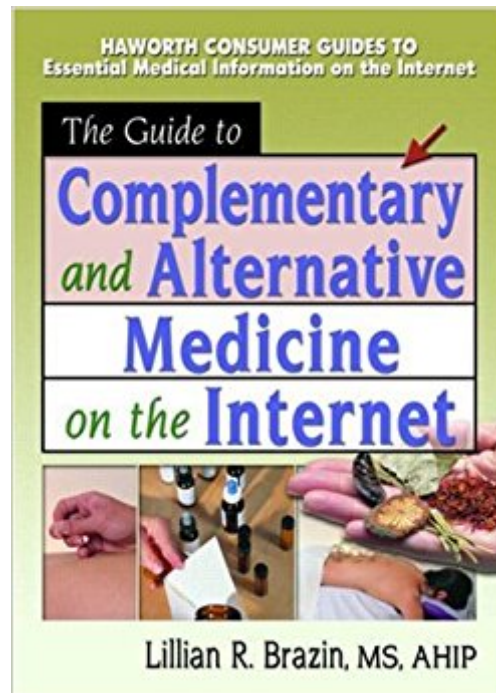




**Ebook Directory**  
the best source of ebook

The book was found

# The Guide To Complementary And Alternative Medicine On The Internet



## Synopsis

Learn to identify Internet-based complementary/alternative medicine resources you can trust! This well-organized book takes a commonsense approach to getting the most out of the Internet when it comes to finding reliable information on complementary and alternative medicine. Author Lillian Brazin teaches classes on finding and evaluating health information on the Internet. In this book, she shares her years of experience in using and evaluating medical Internet sites to teach you to spot authoritative resources and avoid misinformation, sales pitches, and out-and-out quackery. In addition to showing you where to find the information you need, this book stresses the importance (the how and why) of working closely with your physician to get the best results from your complementary/alternative medical experience. More than 20 "screen shot" illustrations give you a preview of what to look for on various sites! The Guide to Complementary and Alternative Medicine on the Internet will show you how to separate the wheat from the chaff when confronted with hundreds of Web sites purporting to provide reliable information. This jargon-free book addresses vital questions, such as: How can I be certain that the information I find is correct? How can I locate a Web site that was recommended to me? How do I start out to research a particular health problem? What do Internet terms like .com, .edu, .gov, listservs, :), BTW, LOL, flames, "netiquette," etc. mean? This book will also help you understand controversial "hot topics" that include: the Pilates exercise method that Jacqueline Kennedy Onassis helped popularize in the 1960s is trendy again, with Pilates studios in most major cities supermarket supplements, such as St. John's wort, ginkgo biloba, and vitamins A-Z: how can I find out which, if any of them, are for me? the validity of celebrity endorsements for supplements and alternative therapies While providing you with the skills to find the information you seek, this book reflects the author's cautious perspective. The Internet can be frightening and overwhelming because there is so much information to sift through, digest, and evaluate. The Guide to Complementary and Alternative Medicine on the Internet (first in the new Internet Guides to Consumer Health Care series from The Haworth Information Press) will help you identify Internet resources for complementary and alternative medicine that you can trust.

## Book Information

Paperback: 144 pages

Publisher: Routledge; 1 edition (December 17, 2003)

Language: English

ISBN-10: 0789015714

ISBN-13: 978-0789015716

Product Dimensions: 6.1 x 0.4 x 8.5 inches

Shipping Weight: 7.8 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #1,416,185 in Books (See Top 100 in Books) #73 in Books > Health, Fitness & Dieting > Alternative Medicine > Reference #756 in Books > Reference > Catalogs & Directories #1348 in Books > Health, Fitness & Dieting > Reference

## Customer Reviews

"Finally, A Reputable Guide to the often-confusing maze of complementary and alternative medicine information available in the Internet! Well-Written, Easy To Follow."

[Download to continue reading...](#)

Fundamentals of Complementary and Alternative Medicine, 5e (Fundamentals of Complementary and Integrative Medicine) Blackwell Complementary and Alternative Medicine: Fast Facts for Medical Practice (Complimentary and Alternative Medicine) The Guide to Complementary and Alternative Medicine on the Internet Alternative Medicine Definitive Guide to Headaches (Alternative Medicine Definitive Guide) The Medical Library Association Guide to Finding Out About Complementary and Alternative Medicine: The Best Print and Electronic Resources (Medical Library Association Guides) TRADITIONAL, COMPLEMENTARY AND ALTERNATIVE MEDICINE: POLICY AND PUBLIC HEALTH PERSPECTIVES Conversations In Complementary And Alternative Medicine: Insights And Perspectives From Leading Practitioners Principles and Practice of Manual Therapeutics, 1e (Medical Guides to Complementary and Alternative Medicine,) Complementary And Alternative Medicine For Health Professionals: A Holistic Approach to Consumer Health The Complementary and Alternative Medicine Information Source Book Stedman's Alternative & Complementary Medicine Words (Stedman's Word Books) Internet Business Insights: Lessons Learned and Strategies Used by 101 Successful Internet-Based Entrepreneurs (Internet Business Books) ESP8266: Programming NodeMCU Using Arduino IDE - Get Started With ESP8266 (Internet Of Things, IOT, Projects In Internet Of Things, Internet Of Things for Beginners, NodeMCU Programming, ESP8266) Alternative Medicine: Homeopathic Medicine, Herbal Medicine and Essential Oils for Total Health and Wellness Essential Oils for Dogs: 100 Easy and Safe Essential Oil Recipes to Solve your Dog's Health Problems (Alternative animal medicine, Small mammal Medicine, Aromatherapy, Holistic medicine) Alternative Cancer Therapies (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer

Prevention,Colon Cancer) (Alternative Medicine Book 1) Advanced Practice Psychiatric Nursing,  
Second Edition: Integrating Psychotherapy, Psychopharmacology, and Complementary and  
Alternative Approaches Across the Life Span Handbook of Complementary and Alternative  
Therapies in Mental Health Complementary & Alternative Therapies in Nursing: Seventh Edition  
Professional's Handbook of Complementary & Alternative Medicines

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)